

## Mounting Evidence Confirms ...

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who called their doctors asking if it was true, were they on the same drug and shouldn't they come off their HT that preceded the decline.

A recent survey of young women in the US revealed that only 19% were told of a cancer risk with oral contraceptives when they were prescribed. Oral contraceptives are the same drugs as in HT except that they are in much higher doses.

The abstract/summary/conclusion of this paper is extremely disappointing to this author. They stated that 21% of the California Teachers Study were still using HT in the 2005-2006 resurvey. But instead of suggesting an educational program be started for women and doctors, they just said that the optimal prevalence of HT is not known, meaning what should we consider an acceptable number of women on HT. Would

### IMAGINE....

What declines of breast cancer there would be in women under 50 if oral contraceptive use declined!!!!

## Spotlight on BCPI...Dr. John Bruchalski

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care. Their center is known for taking care of the poor as well as those difficult obstetrical cases for which other doctors recommend abortion and the mother refuses to comply.

One such mother had lost her amniotic fluid at 12 weeks. Despite recommendations from many doctors to have an abortion, Dr. Bruchalski cared for her and delivered her son Joey, now 4 years old. He is a healthy child. Joey's mother travelled 35 miles to see him and over half of his practice comes from outside his county and 10% from out of state. He is an example to look to when it seems impossible to other Ob-Gyns that anyone could practice and thrive without prescribing oral contraceptives.

## Golf Classic...

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Jersey. The course is memorable and challenging yet player friendly. Participants will enjoy a day-long opportunity to play golf, enjoy good food and meet others who support BCPI's mission. The day begins with a breakfast buffet and ends with an Award Ceremony, gifts and prizes at the dinner buffet.

For more information about this exciting event, please go to our BCPI website. From there you can view and download a copy of the golf outing brochure with full details of the event, including the activities planned for the day and sponsorship opportunities.

The brochure contains a registration form for those of you wishing to participate as a golfer or to sign up as a sponsor.

[www.bcpinstitute.org/fundraiser.htm](http://www.bcpinstitute.org/fundraiser.htm)



REGISTER NOW



The 1st Annual  
Breast Cancer  
Prevention Institute  
(BCPI)  
Annual Golf Classic  
Thursday, June 30, 2011  
Cranbury Golf Club

It's not too early to submit your sponsorship for this year's fundraiser!



BREAST CANCER  
PREVENTION  
INSTITUTE

we say that there should be an optimal prevalence for cigarette smoking, the use of another known Group 1 carcinogen?

Oral contraceptives are taken by 75% of all women of reproductive age in this country. Those same drugs causing breast cancer in their mothers are causing them to be at increased risk as well. Wouldn't we expect to see similar rates in decline as those seen when women stopped the HT or even more? What if women knew about all the risks for breast cancer that they are not generally aware of? How many women know that women who have not had a full-term pregnancy and smoke cigarettes have a 600% increase risk of breast cancer? Breast cancer incidence declined 26% in the California Teachers Study when they stopped HT, which was found to cause a 26% increase risk of breast cancer in the 2002 Women's Health Initiative Study. Imagine the decline in breast cancer if women knew and acted upon what we already know? That is why the mission of BCPI is so important.

## Concert for Hope...

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Last November, BCPI was contacted by two students at the University of Massachusetts who wanted to raise money for charity by having an annual orchestral concert. They said after months of looking at different charities, they thought BCPI would put the money to good use. The concert will be held in Durgin Hall on the southern campus at the University of Massachusetts at Lowell at 7:00 PM Saturday, June 25<sup>th</sup>, 2011. The concertmaster is Angie Shyr, who has played with Led Zeppelin and Aerosmith. What better place to promote the information BCPI has for young women than a college campus!

These wonderful musicians will be playing pieces from famous composers such as Rimsky, Korsakov, Schubert, Tchaikovsky and more.

Please visit the Concert for Hope website for more information: [www.concertforhope.net](http://www.concertforhope.net)

You can also download a flyer of the event from the BCPI website: [www.bcpinstitute.org/fundraiser.htm](http://www.bcpinstitute.org/fundraiser.htm)

## A REMINDER!

The Breast Cancer Prevention Institute moved to New Jersey a while back. Some of you might still have our old address in Poughkeepsie, NY, and we do not want your letters to us to go astray!

BCPI's correct mailing address is:

**Breast Cancer Prevention Institute  
30 Rehill Avenue, Suite 3400  
Somerville, NJ 08876 USA**



BCPI's telephone number, email address and website address have remained the same.

The **Breast Cancer Prevention Institute** is a non-profit, 501(c)(3) corporation, with headquarters at 30 Rehill Ave, Suite 3400, Somerville, NJ 08876 USA  
Phone toll-free: 1-866-NO CANCER (1-866-622-6237) • [www.bcpinstitute.org](http://www.bcpinstitute.org).  
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